

## Second Annual Family Paddling Day

Thursday, June 24, 2010

Join the Lakefield Trail Stewardship Committee and the staff of Adventure Fitness for an evening paddle on Katchewanooka Lake, Thursday, June 24, 2010, in celebration of National Canoe Day, Saturday, June 26, 2010. Meet at the Lakefield Beach at 5:30 pm. Bring your canoe or kayak.

Paddlers will enjoy a one to two hour guided nature tour through the marsh as they explore southern sections of Katchewanooka Lake.

If you would like to participate and do not have your own canoe or kayak, no problem! Contact Adventure Outfitters at 652-7986 who are offering free canoes and kayaks to use for the event in celebration of National Canoe Day. Organizers suggest that you reserve early as last year's event was booked to capacity.

A campfire with light refreshments will follow the evening paddle at the Lakefield Beach, hosted by the Lakefield Trail Stewardship Committee. There will be no charge for the refreshments; however, donations to the Lakefield Trail Stewardship Committee would be appreciated.

This is a free family event that sponsors Lakefield Pantry, Adventure Outfitters, The Canadian Canoe Museum, the Lakefield Herald, and the Lakefield Trail Stewardship Committee would love to share with everyone in the community.



Paddlers setting off from the Lakefield Beach

Roasting hot dogs at the Lakefield Beach after the paddle

